

Food, Nutrition, Health and WASH (Water, Sanitation and Hygiene) (FNHW) Interventions

Protocol for Successful Implementation and Monitoring

NRLM considers Food, Nutrition, Health and WASH (water, sanitation and hygiene) (FNHW) interventions as universal and facilitates them upfront.

These interventions are intended towards:

- Sensitization of community, members, leaders, families and cadres on FNHW
- Behavioral change in terms of:
 - Correct food storage, cooking and eating practices, especially during pregnancy and for children less than 2 years of age,
 - Cooking only with iodized salt
 - Practicing daily hand washing at critical times.
 - Practicing menstrual hygiene.
 - Using toilets.
 - Adopting Safe drinking water consumption practices.
- Accessing food, nutrition, health and WASH entitlements and services, and
- Achieving adequacy in food, nutrition, health and WASH security for all families.

SENSITIZATION

Campaign mode sensitization on FNHW of:

- All SRLM Staff at State, District and Block level on FNHW; by June 2016.
- Cadres, leaders, members of entire villages; by June 2016
- Cadres and Leaders in new villages within 3 to 6 months of entry
- Nodal officers of all Departments at Block, District and State and
- Refresher Drive after one year of this campaign

ACTION

At Village level

Facilitate –

- Village Organization (VO) to form Health Sub-Committee (HSC)
- VO to put FNHW agenda in SHGs and VO meeting
- VO to do visioning of SHGs and VOs to include Food, Nutrition, Health and WASH interventions.

Facilitate Village Organization to -

- Form HSC:
 - Within 3 to 6 month after the VO is formed constituting 3 to 5 members
 - Train them with the help of mission staff to initiate FNHW interventions in the village.
- Identify Health Activists and get them trained in FNHW interventions intensely as per the module.
- Organize/conduct FNHW campaign every 3 month.
- Provide funds/loan to implement vulnerability reduction plan (VRP)
- Make Vulnerability Reduction Fund (VRF) to be made available for Food, Nutrition, Health and WASH

- Take FNHW related vulnerability reduction plan (VRP) to Gram Panchayat (GP) and discuss with Gram Panchayat for inclusion in the Gram Panchayat Development Plan (GPDP)

Facilitate HSC/ HA to -

- Promote and encourage cultivation of home vegetable gardens to manage food shocks.
- Generate awareness on the importance of consumption of food rich in minerals and vitamins
- Generate awareness among children women, children and adolescent girls to consume IFA (Iron and Folic Acid) tablets.
- Generate awareness among children to consume Vitamin A Syrup provided during the Village Health and Nutrition Day (VHND)
- Inform villagers about next Village Health Nutrition Day (VHND) and support to organize it.
- Monitor all women and children on their due list to attend VHND.
- Facilitate/support on the need for Ante, Intra and Post Natal Care; Institutional Deliveries; and Post Natal Care.
- Ensure all children less than 2 years of age are completely immunized.
- Facilitate members to get enrolled in Rashtriya Swasthya Bima Yojana (RSBY), Pradhan Mantri Jeevan Jyoti Bima Yojana (PMJJBY) and Pradhan Mantri Suraksha Bima Yojana (PMSBY).
- Ensure open defecation free (ODF) village.
- Engage AWWs (Anganwadi Worker)/ASHAs to roll out activities of FNHW.
- Develop AWWs/ASHAs as generic community resource persons (CRPs)

At Cluster level

Facilitate to -

- Form Health Sub-Committee (HSC) at CLF.
- Ensure visioning of CLF to include Food, Nutrition, Health and WASH interventions.
- Ensure sensitization of all cadres, leaders and members
- Work with VOs to set up rural Sanitary Marts.
- Work with concerned departments of Education, ICDS, Agriculture, Horticulture, Animal Husbandry, and Forests
- Support in facilitating Vulnerability Reduction Plan (VRP) to include FNHW , its roll out and monitor
- Ensure VRF/VRP to be inclusive of FNHW

Facilitate HSC to -

- Develop a FNHW plan including sensitization, behavioral change, accessing entitlements and services for the cluster and monitor the progress
- Help/support VOs to plan, roll out and monitor

Mission Activities:

- Facilitate immediate action in the next three months :
 - Recruit/designate anchor person at State.
 - Form trainer resource pool at State.
 - Form trainer resource pool at each intervention block
 - Develop customized training module and IEC material including posters, flip charts, videos etc.
 - Orient trainer resource pool of state and block on understanding of Aajeevika for 3 days.
 - Sensitize SRLM staff at state, district and block on FNHW for 4 days.
 - Train Health Sub-Committee (HSC)/Health Activist (HA) on Food, Nutrition, Health and WASH for 12 days.
 - Modify Community Resource Person (CRP) protocol appropriately to accommodate FNHW
- Implement training calendar of Health Sub-Committee (HSC)/ Health Activists (HA) immediately after trainer resource pool at Block is formed.

- Facilitate convergence with Department of Education, ICDS, Agriculture, Horticulture, Animal Husbandry, and Forests.
- Capture FNHW interventions in MIS and monitor
- Include plan of Food, Nutrition, Health and WASH in Annual Action Plan (AAP) and roll out its intervention in FY 2016-17.